

# MTHCS GRADUATE NURSE PROGRAM



If you have any questions regarding our Graduate Nurse program, please email [cjeffries@mthcs.vic.gov.au](mailto:cjeffries@mthcs.vic.gov.au) or [ccrothers@mthcs.vic.gov.au](mailto:ccrothers@mthcs.vic.gov.au)



## ABOUT US

Mallee Track Health and Community Service (MTHCS) is a dedicated multipurpose health and community organisation serving the expansive Mallee region of north-western Victoria. Spread across approximately 18,000 square kilometres, our service area includes the communities of Ouyen, Sea Lake, Murrayville, Underbool, Patchewollock and many surrounding districts.

Our organisation is built on a commitment to integrated, flexible service delivery. With hospitals located in both Ouyen and Sea Lake, we provide essential acute, urgent and ongoing care to rural communities, ensuring residents receive high-quality health services close to home. Our model supports the community through prevention, treatment, rehabilitation, and ongoing wellbeing, with a strong focus on maintaining independence and improving long-term health outcomes.

At MTHCS, we believe that community wellbeing goes beyond healthcare alone. Our teams support families, older adults, carers, volunteers, and individuals requiring social connection or practical assistance. We promote inclusivity, dignity and respect in everything we do, recognizing the diversity and resilience of the Mallee communities

LIST OF SERVICES WE PROVIDE HERE

<https://www.mthcs.com.au/services>



## WHY CHOOSE THE MALLEE?

Choosing to complete your graduate year in the welcoming communities of Ouyen or Sea Lake offers nurses a truly unique start to their career. Beyond exceptional clinical experience, these towns provide a warm, close-knit community, a relaxed rural lifestyle, and access to outdoor activities, local events, and stunning natural landscapes. Living here means affordable housing, a safe environment, and the chance to connect personally with patients and neighbours alike, creating a sense of belonging that is hard to find in larger cities.

Professionally, Mallee Track Health and Community Service (MTHCS) supports nurses with:

Free parking

Salary packaging

Professional development support

Flexible working arrangements

Assistance with accommodation, including subsidized rent and relocation support.

Employee Assistance Program

As an employer, MTHCS recognizes the importance of staff wellbeing—physically, mentally, and socially. Our holistic, engaging approach to wellness fosters productivity, satisfaction, and a positive team culture, ensuring you can thrive both personally and professionally while making a real impact in rural health.

## GENERAL PROGRAM OVERVIEW

The Mallee Track Health and Community Service Graduate Registered and Enrolled Nurse Program is a structured and comprehensive program designed to equip recent nursing graduates with the knowledge, skills, and support needed to excel in their careers.

The program consists of four clinical rotations:

Rotation 1 (three months) focuses on aged care, primary care, and district nursing.

Rotation 2 (three months) focuses on acute care and urgent care.

Rotation 3 this rotation provides the opportunity to undertake a rotation in the Emergency Department at Mildura Base Public Hospital and Swan Hill District Health, with the potential for additional experience at a Victorian regional hospital subject to availability.

Rotation 4 (three months) allows graduates to consolidate their knowledge and skills across the various nursing services offered by Mallee Track.

Throughout the program, graduates benefit from hands-on clinical practice, dedicated mentorship, and ongoing professional education, ensuring a strong foundation for a successful nursing career in rural healthcare.

## PROGRAM HIGHLIGHTS

Our Graduate Nurse Program provides an extensive orientation and a supportive learning environment to ensure a smooth transition into professional practice.

Each graduate is paired with an experienced nurse preceptor and nurse educator, who offer guidance, mentorship, and ongoing support throughout the program. Participants also have access to a range of advanced skill development opportunities, including

Urgent Care Workshops (IV cannulation, fracture management, immobilization, x-ray, emergency birth), Advanced Life Support training, the Rural Urgent Care Nursing Program through Alfred Emergency Education, and the Rural and Isolated (Scheduled Medicines)

Registered Nurse Course via the Cunningham Centre—equipping graduates with the expertise needed for rural nursing

## STUDY DAYS

In collaboration with Mildura Base Public hospital and Swan Hill District Health you will attend six additional paid study days to promote and encourage professional development which may include:

- Leadership and Career Development
- Patient Assessment
- Paediatric
- Cardiac
- Clinical Development
- Quality

## ONGOING EMPLOYMENT

### For Registered Nurses

At the completion of 12 month graduate program, you will have the skills and confidence to lead the clinical team to deliver care to rural communities.

We encourage Mallee Track Health and Community Care nurses to progress their knowledge and skills and obtain recognition for advanced practice. We encourage and support staff to pursue post graduate qualifications including Graduate Certificate, Diploma and Masters including Nurse Practitioner.

### For Enrolled Nurses

Our commitment to excellence means that we will support you to achieve your goals in nursing.

If you are interested in obtaining acknowledgement as an advanced enrolled nurse, we can support you to become an expert in the following areas

- Wound Care
- Palliative Care
- Continence
- Dementia Care
- Chronic Disease Management

If you are interested in leading the healthcare team, we can support you to undertake study to become a Registered Nurse.



## WHAT OUR STAFF SAY?

80% of staff feel they can be themselves at work.

79% say MTHCS encourages respectful workplace behaviours.

79% feel culturally safe at work.

76% say people in their workgroup treat each other with respect

90% of staff feel they make a meaningful contribution at work and 91% feel they achieve something important at work.

## FURTHER INFORMATION REGARDING OUR ORGANISATION

<https://www.mthcs.com.au/>

## FURTHER INFORMATION REGARDING OUYEN

<https://ouyen.vic.au/>

## FURTHER INFORMATION REGARDING SEA LAKE

<https://sealake.vic.au/>

