

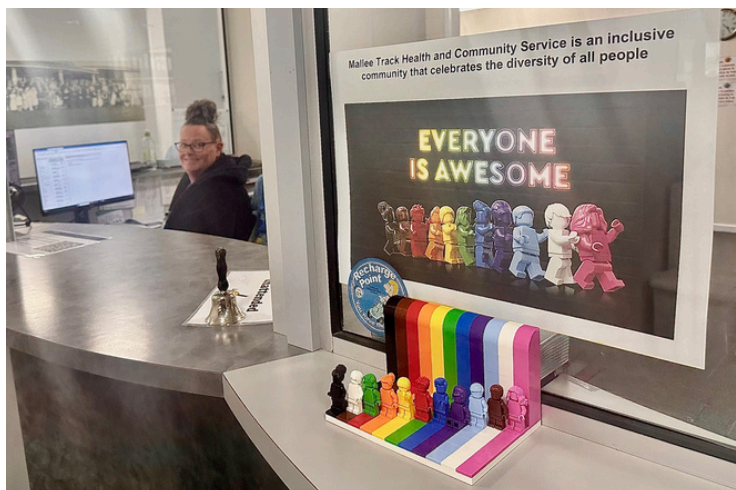
EVERYONE IS AWESOME AND WE'RE CELEBRATING DIVERSITY AND PRIDE MONTH AT MALLEE TRACK

We celebrate diversity at Mallee Track Health and Community Service with open doors where everyone is welcome. Fostering inclusivity enriches each and every one of us, living our value of compassion where we treat everyone with care, respect and dignity.

You'll see displayed at all our centres the LEGO "Everyone is Awesome" people. Assembled by our Pattinson House resident Ken Taylor and shown here at MTHCS Ouyen Health Centre.



Pattinson House resident Ken Taylor helps out with the assembly of LEGO EVERYONE IS AWESOME displays show below at MTHCS Ouyen Health Centre



STAFF IN FOCUS: DR DAVID CLARK

Focusing on in hospital acute admissions and our residential aged care residents at our three sites with a special interest in palliative and end of life care. Dr David Clark will be offering his services via face to face consult two days a fortnight and via Telehealth.



CAITLIN WEIR AND HER NEW BABY TOMMY VISIT THE RESSIES!

"So special for Tommy to meet the resses today!" said MTHCS ANUM Caitlin Weir when they came to Ouyen Health Centre earlier in the week. And from the look on our resident's faces we would say the feeling was mutual.



THE BENEFITS OF PETS AT OUYEN CHILDCARE IS SHINING BRIGHT

The passion of one educator at Ouyen childcare has gained support and praise from parents, educators and most importantly the children. Jo Grayling had a vision of introducing pets into Ouyen childcare, ensuring that her vision would be beneficial to all, Jo spent time researching articles that identified the benefits of animals in childcare, speaking with expert trained animal therapist, and linking the learning benefits with the National Quality standards and early years learning framework. Jo then presented all her evidence to her co-educators asking for support to move forward with her vision, everyone was 100 percent on board. Risk management plans were completed before presenting her vision to families who again provided positive support and encouragement.

Jo found the benefits of having pets at childcare range from enriched learning opportunities, improving emotional and wellbeing for both children and staff. The children care for the pets teaching them to become responsible for others. Developing bonds with the pets help children to develop empathy.

Since the introduction of Misty the rabbit, Hedgehog and Toffee the Guinea Pigs the positive change in children's emotions and behaviours have been evident.

Children who normally would have separation anxiety from parents at drop offs are now walking in excited to start their day, on arrival children take their parents to make sure the pets have plenty of food and water, with the children feeling relaxed and safe they happily say good bye to their carer then continue on with their day. Educators have noticed that parents are becoming less rushed to leave the centre taking the time to stop and talk with their children at either the Rabbits or Guinea Pigs homes.



TRACK



Talk

June 2025

Get a Flu Shot Available Now

CALL FOR AN APPOINTMENT
MEDICAL CLINICS AT
OUYEN P: 5092 1168
& SEA LAKE P: 5070 2118

Winter is Coming!



Child Safety @ Mallee Track

In support of strengthening our organisational commitment Child Safe MTHCS will no longer show photos of children in our Social Media feed. We will continue to have photos of children on our print media where families have provided us with permission to do so. Thank you to the feedback from families around this really important safety issue.

Get in touch

(03) 5091 0292

earlyyears@mthcs.vic.gov.au

Support for Carers

Service available to those who provide unpaid support to a family member, partner or friend who has a disability, mental illness, chronic condition, is frail aged or recovering from addiction. Carers are vital to our communities.

At MTHCS, we recognise the strength and challenges of caring for someone. Our Carer Support Services can help with:

Emotional Support

Talk to someone who understands, confidential support and a listening ear.

Practical Assistance

Help with navigating services, referrals, forms and appointments.

Carer Support Groups

Connect with other carers through regular gatherings and special events.

Information and Advocacy

Helpful resources and support to access assistance. Call the Rural Outreach Workers on 0429 090 942 for Ouyen and Murrayville or 0492 001 181 Sea Lake Drop into your local MTHCS site or ask your GP or health worker for a referral.



Do You Need Aged Care Services?



From July 1 all people needing aged care services at Mallee Track need to have a My Aged Care assessment before services can be commenced. This includes our residential respite and community aged care programs.

Call My Aged Care on 1800 200 422 or get in touch with a MTHCS staff member and we can get you the support you need to complete your assessment.