

COMMUNITY UPDATE

July 7, 2022

WWW.MTHCS.COM.AU

Concern over new COVID-19 infections in Victoria

Health authorities are warning COVID-19 infections could rise significantly over coming weeks as the Omicron BA.4/BA.5 strain spreads through the community. The Department of Health anticipates the prevalence of BA.4/BA.5 in Victoria is likely to result in an increase in cases - including reinfections - and hospital admissions and deaths. This is because the strain has a greater ability than the previous BA.2 strain to evade immunity provided by vaccination and earlier COVID-19 infection. Stay up to date with the latest information at www.coronavirus.vic.gov.au

Staying COVID-safe and well this winter

MTHCS is encouraging everyone to look after their health as the winter cold hits the region. To protect yourself and your loved ones, please remember to:

- **Remain up to date with your COVID-19 vaccines.** COVID-19 vaccines (including booster shots) are available through our medical clinics. Please phone to discuss your appointment.
Ouyen Medical Centre: (03) 5092 1168
- **Get your flu shot.** These are also available through our medical clinics, so please phone to make an appointment.
- **Stay home if you feel unwell.** This is a simple but effective way to help stop the spread of COVID-19, the flu and winter colds. If you have COVID-19 symptoms, you should get tested. If you test positive, you must isolate for seven days.
- **Wear a face mask** in shared indoor settings, if you can't physically distance or you are with those more vulnerable to COVID-19.
- **Improve ventilation** by opening doors and windows, using fans or purifiers, and gathering outside where possible.
- **Report your result** if you test positive on a rapid antigen test to ensure you have access to the right level of care if you need it. To report your result, call the Coronavirus Hotline 1800 675 398 or visit www.coronavirus.vic.gov.au
- **Call ahead** before visiting our aged care communities. To arrange your visit, please phone:
Pattinson House (Ouyen) (03) 5092 2559
Ouyen Nursing Home (03) 5092 1111



Pictured above: Some of the MTHCS staff collecting their food and coffee vouchers.

Thanking MTHCS staff members

At MTHCS, we know it's really important to show our appreciation for our staff members' hard work and dedication. As a way of doing this, we've recently offered each member of our team a \$15 food and coffee voucher to be used at a number of local businesses. Our staff members are fabulous and we thank them for showing up each day to care for our communities!



Pictured above: Betty is one of the members of our Wednesday Women's Group who are Mallee Tough! Even though the mercury was sitting at very frosty 1 degree celcius last week, group members got to it and completed a circuit based exercise class in an outdoor undercover area. Some even warmed up enough to take off their jumpers! Awesome work!

Employment opportunities

Quality, Safety and Risk System Manager

This new role will have overall responsibility for providing leadership, direction, coordination and management of quality, safety and risk systems and activities within MTHCS. Reporting to the CEO, the QSRSM will be directly involved in strengthening clinical and corporate governance, and achieving all accreditation standards and regulatory compliances. Applications for this role close Friday 8 July, 2022.

Registered Nurses and Enrolled Nurses

(full time and part time positions available):

- Supportive and friendly workplace
- Flexible work arrangements
- Competitive employee benefits

Speak to us today to find out more or visit www.mthcs.vic.gov.au/employment



Pictured above: A big congratulations to MTHCS staff member Nick Coe, who works in Hotel Services. Nick finished 3rd in the 2022 AUSTAFE culinary trophy competition, which was recently held in Bendigo. What amazing talent we have here at Mallee Track! If you see Nick around, don't forget to congratulate him on his achievement.



Ouyen Service Centre 5092-1111
Sea Lake Service Centre 5070-2155
Murrayville Service Centre 5092-1111
Underbool Service Centre 5092-1111

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