

COMMUNITY UPDATE

January 26, 2023

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Pictured above: Ethel adds the finishing touches to her watercolour artwork.

Beating the heat with craft

These ladies at our Sea Lake aged care hostel have enjoyed a variety of activities that included painting with water and doll making. There is always something to capture the attention and be mindful of differing abilities.



Pictured above: Betty, Yvonne, Lorna and Maureen take part in art and craft activities.

Surviving the summer in style

Having a good stock of art and craft supplies is just one element of beating the heat. Here are some more great tips:

- Stock up on food, water and medicines so you don't have to go out in the heat. Visit your doctor to check if changes are needed to your medicines during extreme heat.
- Store medicines safely at the recommended temperature.
- Check that your fan or air-conditioner works well. Have your air-conditioner serviced if necessary.
- Look at the things you can do to make your home cooler such as installing window coverings, shade cloths or external blinds on the sides of the house facing the sun.
- Offer to help family, friends and neighbours who are aged over 65 or have an illness by doing shopping or other errands so they can avoid the heat.

Early Years survey results

A huge thank you to everyone who took part in our Early Years survey late last year.

The survey was launched in November and we received 34 responses. We were really pleased with the range of detailed comments made.

The responses show just how passionate you are about our service, while also highlighting some clear areas where we can make changes and improvements.

We have already completed cleaning and infection control audits at a number of services with more work to do in this space in 2023.

We have implemented a number of changes to hygiene and cleaning based on the results of the audit, and will continue to review our enrolment and wait list processes.

A future survey is planned to track your responses to our efforts to make improvements where needed.

What pleased us most was the very positive feedback about our educators, our programs and the welcoming, friendly atmosphere at our Early Years facilities. Our teams work hard to offer our children the best possible care and start to their education.

Thank you for your continued support!



Rural Outreach Worker

We are currently searching for a Rural Outreach Worker to join our team in Sea Lake. This position is part time (0.6 FTE/Fixed Term) and closes February 10th, 2023.

The role of the Rural Outreach Worker is to increase the capacity of all services that provide support in the rural communities within the Mallee Track catchment, and to respond to individuals who are in psychological distress and may be showing early signs of mental ill health.

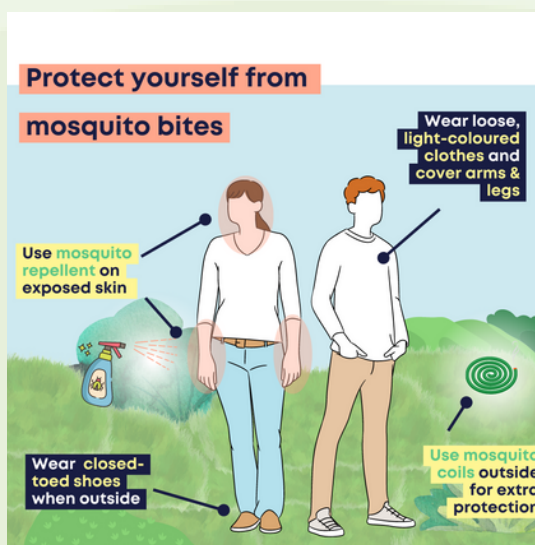


For more information on what the job entails, please refer to our website <https://www.mthcs.com.au/careers/current-vacancies>

Mosquito virus concerns

Victorian health officials remain worried about the risk of mosquito-borne viruses spreading this summer. Further detections of Murray Valley encephalitis (MVE) virus in mosquitoes at more locations across northern Victoria have been reported. These results demonstrate that MVE virus is increasing in the mosquito population and indicates a current and active risk to people in these areas.

So please, protect yourself and stop mosquitos from breeding around your home.



Ouyen Service Centre 5092-1111

Sea Lake Service Centre 5070-2155

Murrayville Service Centre 5092-1111

Underbool Service Centre 5092-1111

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