

COMMUNITY UPDATE

June 23, 2022

WWW.MTHCS.COM.AU

Vaccinate to stay well in winter

Now winter is here, influenza (flu) cases have been rising across Victoria and, of course, COVID-19 cases persist. This is placing additional pressure on all health and early childhood services who are doing their best to keep children, families and staff as safe as possible.

COVID-19 vaccinations and boosters: MTHCS medical clinics have COVID-19 vaccines available for children and adults. Please phone your local clinic to discuss your vaccination/booster appointment.

Flu vaccinations: The Victorian Government has made free flu vaccinations available to all Victorians aged 6 months and over from now until 30 June 2022. Parents and carers are encouraged to get their children vaccinated against flu as soon as possible.

Sea Lake Medical Centre: (03) 5070 2118



Pictured above: MTHCS Early Years leaders Bailee Mott and Bronwen Alday meeting with landscape designer Ben Newell to share ideas for the outdoor play space the new Sea Lake Early Years building at Tyrell P - 12 College. Practical completion of the building has been achieved and we are looking forward to seeing the outdoor play space design come together.

Visitors welcome in our aged care communities

Visitors are welcome to visit residents in our aged care communities, in line with Victoria's current health and safety measures:

- Residents can have up to five visitors per day if all visitors show evidence of a negative result from a rapid antigen test taken on the day of the visit. This test does not need to be taken at the care facility.
- If rapid antigen tests cannot be obtained, the resident may have up to two visitors a day.
- All visitors must wear a face mask, unless exempted.

We continue to ask all visitors phone ahead to help us ensure we can assist where required.

Sea Lake (03) 5070 2155



Pictured above: The grass is getting greener! Recent landscaping works are taking shape and improving the surrounds at the MTHCS units, which provide accommodation for visiting medical staff.



Pictured top: Residents in our Sea Lake aged care community enjoy creating artworks for their home; and (above) some of the finished pieces.

Embracing the Montessori model of care at MTHCS

Thank you to families, residents and staff members for embracing the introduction of the Montessori model of care at MTHCS. We are introducing the Montessori model of care to improve the fabulous care we already offer by focusing more on individual strengths, meaningful engagement and the prepared environment. In the past fortnight, residents from our aged care communities and their families have met with us in Ouyen and Sea Lake to learn more about the introduction of the Montessori approach, while staff members have undertaken the Montessori Positive Behaviour Response for Aged Care training and Montessori Workshops. Over coming months, we will be supported by Montessori Consulting to implement the changes and put our training into action. Look out for more updates to see how our residents are enjoying this exciting new approach.



Volunteers get behind the wheel in Sea Lake

Did you know that MTHCS volunteer drivers are kind, generous and qualified to provide first aid? We are extremely grateful to our four new volunteers in Sea Lake, including Jolene and Sarah, who are pictured above with first aid trainer Dawn, during their recent training session. Having qualified volunteers means we can get community transport back on the road in Sea Lake. Transport is available for older people and those who require extra support. Thank you to the Sea Lake community for your patience and welcome to the team Jolene and Sarah! If you require support with transport please call 0419 371 445 and we will get the wheels in motion.



Ouyen Service Centre 5092-1111

Sea Lake Service Centre 5070-2155

Murrayville Service Centre 5092-1111

Underbool Service Centre 5092-1111

WWW.MTHCS.COM.AU

