# COMMUNITY UPDATE

June 23, 2022

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#### Vaccinate to stay well in winter

Now winter is here, influenza (flu) cases have been rising across Victoria and, of course, COVID-19 cases persist. This is placing additional pressure on all health and early childhood services who are doing their best to keep children, families and staff as safe as possible.

**COVID-19 vaccinations and boosters:** MTHCS medical clinics have COVID-19 vaccines available for children and adults. Please phone your local clinic to discuss your vaccination/booster appointment.

**Flu vaccinations:** The Victorian Government has made free flu vaccinations available to all Victorians aged 6 months and over from now until 30 June 2022. Parents and carers are encouraged to get their children vaccinated against flu as soon as possible.

Ouyen Medical Centre: (03) 5092 1168



Pictured above: Janeece and Lynton Hahnel and MTHCS CEO Lois O'Callaghan at the recent Ouyen debutante ball. The ball is facilitated by MTHCS through its Neighbourhood House program. This year was the last time Janeece and Lynton will prepare the deb set, bringing to an end many years of hard work. Thank you for all your dedication over the years Janeece and Lynton!

# Visitors welcome in our aged care communities

Visitors are welcome to visit residents in our aged care communities, in line with Victoria's current health and safety measures:

- Residents can have up to five visitors per day
  if all visitors show evidence of a negative
  result from a rapid antigen test taken on the
  day of the visit. This test does not need to be
  taken at the care facility.
- If rapid antigen tests cannot be obtained, the resident may have up to two visitors a day.
- All visitors must wear a face mask, unless excepted.

We continue to ask all visitors phone ahead to help us ensure we can assist where required.

Pattinson House (03) 5092 2559 Ouyen Nursing Home (03) 5092 1111



Pictured above: MTHCS staff members taking a break during their busy day to enjoy a new outdoor area created by volunteers.





Pictured above: (top) MTHCS staff completing a Montessori training session in Ouyen; and Sue Kelly, from Montessori Consulting, during a training session with MTHCS staff members. Sue is working with MTHCS on the introduction of the Montessori model of care.

## Embracing the Montessori model of care at MTHCS

Thank you to families, residents and staff members for embracing the introduction of the Montessori model of care at MTHCS. We are introducing the Montessori model of care to improve the fabulous care we already offer by focusing more on individual strengths, meaningful engagement and the prepared environment.

In the past fortnight, residents from our aged care communities and their families have met with us in Ouyen and Sea Lake to learn more about the introduction of the Montessori approach, while staff members have undertaken the Montessori Positive Behaviour Response for Aged Care training and Montessori Workshops. Over coming months, we will be supported by Montessori Consulting to implement the changes and put our training into action. Look out for more updates to see how our residents are enjoying this exciting new approach.

### **Employment opportunities**

Registered Nurses and Enrolled Nurses (full time and part time positions available):

Be part of our amazing multidisciplinary healthcare team by joining MTHCS. Our workplace is supportive and friendly, we offer flexible work arrangements and competitive employee benefits.

#### Certificate III in Individual Support - Ageing, Home and Community

Do you enjoy looking after others and making a difference? Would you like local job security in the Health and Community sector? MTHCS is now partnering with registerted training organisation Alpine Health to offer local training and education in health and community for local people. Training is delivered over six months and the next course begins 28 June 2022.

Speak to us today to find out more or visit www.mthcs.vic.gov.au/employment

Mallee Track Health and Community Service

Ouyen Service Centre 5092-1111 Sea Lake Service Centre 5070-2155 Murrayville Service Centre 5092-1111 Underbool Service Centre 5092-1111

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