

COMMUNITY UPDATE

www.mthcs.com.au

March 17, 2022

New Mental Health outreach service



Welcome to Natarsha Hickey and Renae Bonica (PICTURED ABOVE) who were recently appointed to the MTHCS Rural Outreach Worker (ROW) roles in Ouyen and Sea Lake.

The service is free and both Renae and Natarsha will travel throughout the Mallee Track catchment. Appointment of the ROWs ticks off a major first phase of the MTHCS Mental Health program to provide immediate local support to the community.

ROWs are not therapists or counsellors - instead they will support people to link with and navigate the specialist support services they need. If you're struggling or caring for someone who is struggling with mental health issues, call Natarsha on 0429 001 181 or Renae on 0429 090 942 or send a text for a chat or to arrange a confidential home visit.

We are proud and excited to have this program getting underway.



Music Across The Generations

Children from Mallee Minors Ouyen enjoyed a special excursion last week, making their way across the road to visit Pattinson House Aged Care residents.

They were the guest stars in an intergenerational music program.

The residents were excited to see their little guests arrive, and led by Catherine, from Sunraysia Arts and Learning, the children put on a wonderful show in the gardens - dancing, singing and playing instruments.

The intergenerational program promotes meaningful connections and relationships between young and older generations.

This program also promotes positive health and wellbeing for everyone involved - particularly during these challenging times when COVID restrictions are limiting many of the regular social activities at the hostel.

The children will be visiting Pattinson House regularly throughout the year.

A variety of activities is planned including music sessions, gardening, cooking and craft.

That's Crafty Work!



Pattinson House residents enjoy regular craft sessions. Most recently, pasting collages was the enjoyed by Allie (pictured) and other residents, with very creative results!

Remaining COVID Vigilant

What a great opportunity to relax and recharge in perfect weather over the Labour Day long weekend! But if you've been away, around new people or socialising in different communities or groups please be extra COVID-vigilant.

With the extra movement and activity that comes with a long weekend, please ensure you are keeping an eye out for any COVID symptoms. Please isolate if necessary, and test if needed. If you accessing RAT tests is an issue, please contact MTHCS urgent care.

Delivering Better Cancer Care

Have
your
say!



If you or a family member have, or have had, cancer, you are invited to participate in a survey aimed at helping improve cancer services across the region. Scan the QR code to find out more.

Employment opportunities

We have a number of non-gender specific roles available. At MTHCS we demonstrate care, kindness and empathy and embrace positive change.

Leisure and Lifestyle Workers

Fixed term and ongoing part time positions

Registered Nurse

0.9 EFT to commence immediately (ongoing).
1.0 EFT fixed term until 15th May, 2022.
Casual Bank.

Endorsed Enrolled Nurse

0.7 EFT to commence immediately (ongoing).
Casual bank.

Mental Health Clinician (Full Time)

The Mental Health Clinician will work across the MTHCS catchment and within the Ouyen, Murrayville and Manangatang P12 colleges

HOW TO APPLY: provide your resume with cover letter to payroll@mthcs.vic.gov.au or People & Culture, PO Box 130, Ouyen 3490.

MTHCS is an equal opportunity employer. Visit www.mthcs.vic.gov.au/careers for all other positions and further information about these exciting roles.



Ouyen Service Centre: 5092 1111
Sea Lake Service Centre: 5070 2155
Murrayville Service Centre: 5092 1111
Underbool Service Centre: 5092 1111

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