

COMMUNITY UPDATE

www.mthcs.com.au

February 24, 2022



Aqua Exercise is back!

After a stop-start couple of years with exercise groups, Aqua Exercise fun at the Ouyen Pool is resuming. Sessions will be every Monday and Wednesday at 4.15pm when the temperature is between 30-40C. Doing any physical activity is better than doing none. If you currently do no physical activity, start by doing some, and gradually build up to the recommended amount. These sessions are for all abilities. The cost is \$5 per session (plus pool entry fee). Bring a hat, water bottle, sunscreen and a smile! Please be sure to check with your GP or health professional before starting any exercise program. Contact Tsharni on 5092-1111 to register.

Visits to Aged Care

If you are visiting a resident in Aged Care, you may be asked to take a RAT test before you enter. We are ramping up testing for visitors as a precautionary measure. We are doing all we can to reduce the risk of COVID-19 exposures to our vulnerable residents, such as wearing N95 masks and having visits outdoors wherever possible. This is an additional protection, so please understand that if you or members of your family are asked to undertake a RAT test before your visit, this for the protection of our residents.

Walk-in Boosters at Mildura

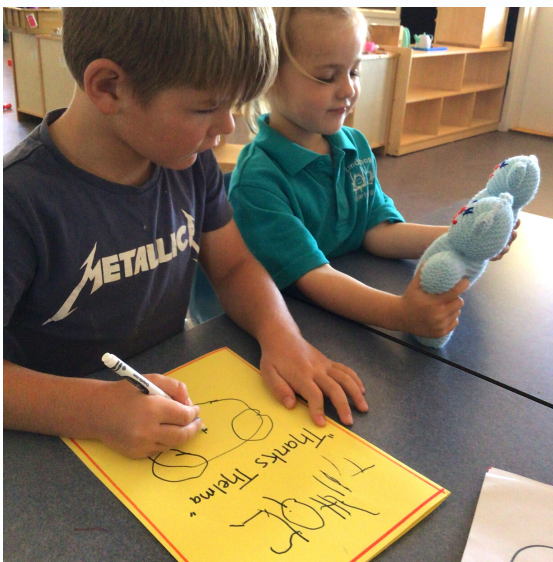
SCHS is currently running a Booster Blitz Program. Kids clinics are for ages 5-11. Booster clinics for ages 16+, at least three months after your 2nd dose.
THURSDAY 24 FEB 12pm - 7pm (kids and boosters)
FRIDAY 25 FEB 4pm - 8pm walk in (kids and boosters)
SATURDAY 26 FEB 9am - 3:15pm (kids and boosters)
SUNDAY 27 FEB 9am - 3:15pm (kids and boosters)



Sensory Band Fun

Our early years teams are experts at coming up with new ways to have fun with traditional songs and rhymes. Recently, our centres bought sensory bands, which staff discovered during a professional development day on teaching music in early childhood. Using the bands supports the children developing their gross motor skills, coordination and language. Educators could not wait to try out the new "toys". Leisa is pictured having fun with the children, singing Row Your Boat and Baa Baa Black Sheep.

Thanks Thelma!



Our Underbool Kindergarten kids have welcomed some new friends! They're Kinder Bears, kindly made with love and donated by Thelma Clarke. The children wrote thank you letters to Thelma and are enjoying using the bears at group times, singing, dancing as well as engaging in imaginative play.

Employment Opportunities

Registered Nurse

We are seeking driven Registered Nurses to assist in providing the best resident outcomes with warmth and compassion. As a Registered Nurse you will be a member of a multidisciplinary health care team providing leadership to staff, patients, residents and their families.

Positions available:

0.9 EFT to commence immediately (ongoing).

1.0 EFT fixed term until 15th May, 2022.

Casual Bank.

Endorsed Enrolled Nurse

MTHCS is searching for an Enrolled Nurse with passion, energy and enthusiasm for aged care to join their dedicated team at the Ouyen campus.

Positions available:

0.7 EFT to commence immediately (ongoing).

Casual bank.

HOW TO APPLY: provide your resume with cover letter to payroll@mthcs.vic.gov.au or People & Culture, PO Box 130, Ouyen 3490.

MTHCS is an equal opportunity employer. Visit www.mthcs.vic.gov.au/employment for all other casual positions, position description or for further information about these exciting roles.