

COMMUNITY UPDATE

November 2, 2021

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We're here for you

As a multipurpose health service, MTHCS is operating under COVID-peak restrictions, which means we still aren't able to reopen some of our programs. But we are still here for you and staff have become very creative at delivering services via phone call, text or Zoom (what we now know as Telehealth).

For more information on podiatry, tai chi, physiotherapy, exercise groups, carer support, community transport and social support activities, please call us on 5092-1111 and tell us what you need.

What is a COVID-peak?

This is a risk rating issued by the Victorian Department of Health. It means visitor restrictions still apply and some of our community services are also still restricted.

Visitors to aged care

It's so exciting to again be able to have visitors to aged care. We are still encouraging outdoor visits where possible because this is safest.

Please phone ahead to arrange visits and please remember to be kind – our staff will do all they can to accommodate your needs.

Keep doing what works

We have high vaccination rates in our communities and it's important not to panic if/when we get positive COVID-19 cases.

Please keep doing what you know works – get your COVID-19 vaccination if you haven't already, wear a face mask, regularly use hand sanitiser, keep social distancing, and check-in using the QR code at every place you visit. Keep doing these things and continue to keep the people you love safe.

Time for a breast check?

Sea Lake staff member Cindy McMillan hopes her story will motivate other women to keep up with breast checks and mammograms.

Cindy's breast cancer was diagnosed in 2014 after she noticed a small lump in her breast. Within two weeks she had a mammogram, ultrasound and biopsy, and saw the surgeon. Cindy had surgery a week later, followed by six months of chemotherapy and six weeks of radiation.

Cindy said she felt very lucky to have an early diagnosis. The triple negative cancer was already on the move and the outcome could have been much different if not found and treated when it was.



Above: Sea Lake staff member Cindy McMillan shared her story as part of Breast Cancer Awareness Month.



Above: Sea Lake residents Myra Clohesy and Myra Daniel and staff member Liz Newick taking care of the vegetable garden, which is overflowing with produce.

Employment opportunities

MTHCS has a number of non-gender specific roles available. At MTHCS we define our expectations and are accountable for our actions.

Payroll Officer (12-month maternity leave – Ouyen)

The Payroll Officer is required to provide accurate and timely processing of organisations' payroll as well as assisting with planning, organisation and co-ordination of organisations' payroll and HR functions. We are searching for someone who has an excellent eye for detail.

Food & Domestic Services Assistant (Casual – Ouyen)

We are seeking enthusiastic, approachable and well-organised individuals who would like to join our Hotel Services team. Duties will include (but are not limited to) menu collation, food preparation and cleaning.

Children's Services Educators

We are seeking enthusiastic, self-motivated individuals who would like to join our Mallee Minors Childcare team at Ouyen or Sea Lake, with the flexibility to work at other Early Years centres within the cluster. We are currently offering positions to applicants who are Certificate III and Diploma qualified, as well as the opportunity to complete traineeships. Full time/part time and casual positions are available.

Nurse Practitioner (Full time – Ouyen)

The NP is a Registered Nurse who is educated and endorsed to function autonomously and collaboratively in an advanced and extended role while meeting the clinical needs of the medical clinic.

Occupational Therapist (Full time maternity leave – Ouyen)

The OT determines individual capabilities and applies professional expertise to maximise independence and quality of life outcomes for clients.

Endorsed Enrolled Nurse (0.6 EFT Ouyen)

MTHCS is looking for an Enrolled Nurse with passion, energy and enthusiasm for aged care to join our dedicated team at our Ouyen campus.

MTHCS is an equal opportunity employer. Visit www.mthcs.vic.gov.au/employment for casual positions, position description or for further information about these exciting roles. **TO APPLY:** provide your resume with cover letter to payroll@mthcs.vic.gov.au or People & Culture, PO Box 130, Ouyen 3490.